

- Walking tour
- Trekking
- Boat
- Diving
- Snorkeling
- Kayak
- Cookingclass
- Yoga
- Wine tasting
- Workshop
- Archeology
- Wellness

2021 Active Campi Flegrei

Choose your Experience!

The Phlegraean Fields are a volcanic land located west of Naples, they represent a unique tourist destination where to live a lot of experiences: taste the wine of the DOC vineyards on a free foot, trekking, kayak sailing, biking, snorkeling to the submerged city of Baia and much more ...

Sailing tour

you can enjoy a magnificent boat trip or experience the thrill of helping the skipper and being a sailor for a day!



Trekking

Guided tour for "descent into hell" along the way of mythology in the mediterranean bush, you can also discover so many magics landscapes , the forest of fireflies, ecc...

Language Ita/Eng



Bike tour

Guided bike tour, with the possibility of renting high-end bikes (MTB / VTT) and helmets . Our tours include routes full of emotions, visits to archaeological sites, places with great landscape impact, as well as lunch stops in vineyards and presidia ... we can organize tailor made tours on request following demand and respecting the level of difficulty preferred by our guests.



Kayak

Guided tour with kayak to discover of phlegrean coast, so many hidden treasures that you can see only from the sea, a singular adventur for you !



Snorkeling & Diving

In the Phlegraean Fields there is the Marine Protected Area of the submerged Archeological Park of Baia, where you can discover a unique site in the world, a small Atlantis, accessible with a guided tour with snorkelling and / or diving, Emotion is guaranteed !

Language Ita / Eng / Deu / Exp

* All Active tour include the accompaniment of a guide, you can find in your tour sport, nature and history

From the field to the table

Cooking Class

A pleasant walk in the garden discovering the wild herbs and start to the harvest of products needed to cook a very traditional flegrean recipe.

Duration 2 hours

One day like an archeochef

Cooking Class

A journey into the culinary tradition of the ancient Greeks, preparing ancient recipes with traditional historic oven

Duration 3 hours approx

Language Ita / Dei / ENG

Lunch in the vineyard with show

Visit the historic vineyard of Averno Lake and cellars of D.O.C. winery, and enjoy a walkign theatraical shows "In vino lteraras" in the "vineyard". Lunch included

Dura- tion 3

Discovering DOC Flegreo

A journey through the typical flegreans flavours, visiting a small farm cultivating the typical "cannellino" tomato, lunch in agritourism, visit to a farm producer of "cicerchia" and D.O.C. flegrean wines.



Food & Wine

Wellness



Activities for children

Yoga

Let yourself carried away by the incandescent energies of the Burning Fields and the magic of the sea, living your yoga experience in suggestive places like Astroni crater natural park, the beach, the shores of the lake, or hills of the A chaeological Park of Cuma ... your Sensorial perceptions will range

Thermae

A fantastic day spent in the oldest flegrean thermal bath with the possibility to enjoy the outdoor thermal pool, sauna mud, Kneipp path, relax area immersed in a real oasis of peace. Possibility to choose treatments and massages

Discovering the world of bees

Visit to the apiary and discover bee's world. At the end of the guided tour with an expert, children will make a small candle in beeswax to take away and a small pizza for a snack. Duration 3 hours Language Ita / Eng/Deu

From the field to the table

Children will be guided to the discovery of edible wild herbs. They will pick vegetables from the garden and prepare a small pizza for snack.

Duration 2 hours Language Ita / Eng/Deu



* For children is possible to go kayak, snorkeling,trekking , sailing and biking with special itineraries

Culture & Archeology



Teatralized an archeological tours

Our guests can live the experience to know the history and mitology like a journey in a past world, to be a part of tales, and enjoy the archeological site

Campi Flegrei Active is a project powerd by:



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